



### **10-Day Transformations**

# **RÉSULTS IN JUST 10 DAYS!**

Your body can live without a lot of calories, but it can't live without a lot of nutrition. The concept behind the 10-Day Transformation is really quite simple. All 10-Day Transformations include nutrient-dense superfoods, slow-burning carbs and highly digestible protein. All natural. Replaces your breakfast, lunch, and dinner for 10 days.

Expect to lose 5-20 pounds in just 10 days!

PLUS re-set your metabolism and break your addiction to food.

**PLUS** detox your body and clean your digestive tract.

### Choose the Transformation that is right for you:

# 10-Day pack.

David Sandoval's

TRANSFORMATION



- Apothe-Cherry (470 ml)
- Hippokrates Power (768 g)MAP (120 ct)
- Cracked Cell Chlorella (600 ct)
- Shaker Bottle
- 10-Day Transformation Gym Bag
- 10-Day Transformation Tape Measure

10-Day Transformation Pack Comes in **Original Flavor and Appleberry Flavor** 

### 10-Day cleanse.



#### Includes:

- · Apothe-Cherry (470 ml)
- Ionic Elements (120 ml) Black Walnut Plus (330 g)
- Hippokrates Power (768 g)

- Cracked Cell Chlorella (600 ct) 10-Day Transformation Gym Bag

Cracked Cell Chlorella (600 ct)

10-Day Transformation Gym Bag

· 10-Day Transformation Tape Measure

Shaker Bottle

• 10-Day Transformation Tape Measure

10-Day Transformation Cleanse Comes in **Original Flavor and Appleberry Flavor** 

10-Day gluten free.

 $\begin{array}{c} \textbf{David Sandoval's} \\ \textbf{T R A N S F O R M A T I O N} \end{array}$ 

# 10-Day athletes.

David Sandoval's

TRANSFORMATION



#### Includes:

- L.O.V.E. Organic Super Meal Vanilla Chai (1320 g)
- Astaxanthin (60 ct)
- MAP (120 ct)
- Super Male Formula™ (90 ct)

- 10-Day Transformation Tape Measure

artificial flavours, no artificial sweeteners, no GMOs, no gluten and no soy.

• Build lean muscle
• Reduce fatigue

- Create sustained energy Get fit faster
- Shaker Bottle
- 10-Day Transformation Gym Bag

- Reduce soreness • Reduce damage
- Perfect for Athletic Performance!

#### Includes: • L.O.V.E. Organic Super Meal (1386 g) • Ionic Elements (120 ml) • Apothe-Cherry (470 ml) • Cracked Cell Chlorella (6

For those of you who want to transform but have Celiac Disease or severe gluten sensitivities – here is your answer! wer Your Performance With Purity You Can Trust! No artificial colours, no

MAP (120 ct)

Black Walnut Plus (330 g)

The Gluten-Free Transformation includes the new L.O.V.E. Vanilla Chai and Black Walnut Plus Cleanse and is 100% guaranteed to be Gluten-Free

The Gluten Free Transformation Come in L.O.V.E. Original Flavor and L.O.V.E. Vanilla Chai Flavor

# See amazing product success stories from our **USA-based sister company Purium:**



#### Monika L.

"By the fourth day of my first Transformation, I knew this program would work for me. I committed to losing 100 pounds within 1 year. After 10 months on Purium I had achieved my goal! My life has completely changed: my health, my energy, my happiness. Amazing doesn't even begin to describe it!"



#### Chuck A.

When I started my Transformation 3 months ago, I weighed 226. Now I'm 174, which is less than I weighed 15 years ago! I have a physical job and an active home life, so I need lots of energy all day, every day ... and that's what I get with Purium."



# **David Sandoval**Nutritional Coach to the Stars

# "I only have 10 days

to get ready for ..."

I hear it over and over and over. Every few months. Sometimes every few weeks. "I got your name from my (agent, manager, friend) and he/she said that you could get me in shape for my big (photo shoot, audition, pageant, fight, worldwide tour). I really need to get in shape fast! I need to lose weight without losing energy. I don't want to do anything dangerous or extreme, I just want to shed the pounds and look the best I've ever looked in my life." It seems like they always have less than two weeks. And sometimes, this is their big break, the opportunity that could change the course of their career. Now understand, most of these people could afford to go to any spa, any gym, any personal chef or nutritionist on the planet. They were coming to me specifically because of word-of-mouth recommendations from other industry insiders who had success with their own transformations.

The word throughout Hollywood was that there was something new, a "clean and

green" way to lose weight and break food addictions. A program that no one else had. A simple way to transform your body in just 10 days. That's the origin of my Transformation program.

Now you can enjoy the same program that I use with my top clients: **beauty contestants**,

actors, fighters and music stars.

But you don't have to be a supermodel to enjoy super results.

#### If they can do it, so can you!

Since we made our program available to the public, tens of thousands of people have lost weight, re-set their metabolisms, broken their addictions to processed foods and cleansed their bodies. Yes, the 10-Day Transformation is the fastest, healthiest, simplest, least expensive way to lose weight. But the weight loss is just a healthy side effect. More importantly, we have seen people transition from short-term results into long-term lifestyle changes that are based on clean and green eating.

The concept behind my program is really quite simple. I use nutrient-dense superfoods, slow-burning carbs and highly-digestible protein. All natural. Importantly, you will not be consuming ANY processed, irradiated, denatured, artificial or genetically-modified ingredients. This is an **anabolic cleanse**, so you won't be sacrificing your long-term health for short-term results. Your body will love it! **I guarantee it.** 

So, what are you waiting for . . . it's time for your 10-Day Transformation!

- David Sandoval

# Sample Daily Schedule TRANSFORMATION

Cleanse with Black Walnut Plus

**10- DAY TRANSFORMATION** *Cleanse with Black Walnut Plus* 

**7 am** – 18oz room temperature water, 4 MAP, 20 Chlorella

**9 am** - 2 leveled scoops of Hippokrates Power in 18 oz water

**11am** - 18oz room temperature water, 4 MAP, 20 Chlorella

**1 pm** - 2 leveled scoops of Hippokrates Power in 18 oz water

**3 pm** - 18oz room temperature water, 4 MAP, 20 Chlorella

**5 pm** - 2 leveled scoops of Hippokrates Power in 18 oz water

**7 pm** - Apothe-Cherry (1 oz) in 6-8 oz water

ADD FOR CLEANSE

ADD FOR "FLEX"\*

1 Portion Flex Food\*

16 drops Ionic Elements/ 2 Black Walnut Plus

1 Portion Flex Food\*

**16 drops Ionic Elements** 

1 Portion Flex Food\*

16 drops Ionic Elements/ 2 Black Walnut Plus

16 drops Ionic Elements

Tip: If starting at 7:00 am does not work for you, just start at another time in the morning. Please keep the 2 hour rhythm of food and product intake the same regardless of your starting time.







\*Flex Foods & Drinks - We encourage you to supplement your Transformation regimen by adding up to 3 nutrient-dense foods and drinks every day at the times in your schedule that are optimal for you. (The current designation on the schedule is just a suggestion.) As long as it is a fruit or veggie (other than bananas or starchy veggies) of a reasonable portion size, you are welcome to consume it. Please don't add dressings or toppings except Himalayan sea salt, fresh lemon or garlic or cayenne pepper. No meat, dairy, or bread.

# ATHLETIC PERFORMANCE



#### Astaxanthin - 60 ct

#### Bye-bye, lactic acid. Hello, better body!

Astaxanthin is made from nature`s most powerful antioxidant, which studies show is 550 times stronger than vitamin E. It helps combat free radical damage to muscles and helps reduce the buildup of lactic acid that causes post-workout soreness. We recommend combining this product with our MAP Master Amino Acid Pattern® so you can get the most out of your workouts.

- · May protect muscle tissue from damage
- · May reduce lactic acid build-up and improve recovery time
- · May provide some protection for the skin from UVA and UVB damage · May support eye health



#### Bee Energetic™ - 90 ct

#### Real energy doesn't come from caffeine and sugar.

Bee Energetic™ contains nature`s most energizing foods without ephedrine or added caffeine. This powerful combination of plant powders can actually build up your immune system and support your adrenal glands while giving you the sustained energy you really need. We recommend combining Bee Energetic™ with our Revive-It-All™ for optimal mental and physical health.

- · Can increase energy, strength, endurance, and vitality
- · May improve mental clarity and circulation
- · May help balance the adrenal system
- · Contains nature`s most nutrient-dense high protein energy food, Spirulina



#### Black Walnut Plus - 40 ct

#### Cleansing that is gentle, deep and effective.

Black Walnut Plus is a unique combo of herbs & superfoods that stimulates peristaltic action and elimination gently and effectively. It also contains ingredients that have been shown to help defend your body from some parasites. This product was specially formulated for the 10-Day Transformation.

- · Increases peristaltic action
- · Reduces constipation

- · Enhances deep cleansing
- · Gentle, yet effective defense



#### Ionic Elements™ - 120 ml

#### The leading sports drink has 2 electrolytes. Ours has 70!

Ionic Elements<sup> $\intercal$ </sup> is a specially formulated combination of fulvic acid and ocean trace minerals - it is a great source of magnesium and other important nutrients such as electrolytes. We start with a special, rare source of humic and fulvic base and use our proprietary (acid-free) refining method to accelerate the concentration and purity of the fulvic acid, which leaves it with a fresh, clean taste. We recommend adding Ionic Elements<sup> $\intercal$ </sup> to your Hippokrates Power<sup> $\intercal$ </sup> or any other green drink or to your drinking water.

- · Great for athletes or anyone in need of proper hydration
- · May prevent mineral deficiencies

· May promote restful sleep

· May increase alkalinity



#### MAP/Master Amino Acid Pattern® – 120 ct

Build muscle faster. Read that again.

MAP/Master Amino Acid Pattern® is pre-digested 100% vegetarian protein that has been featured in the Physician`s Desk Reference and is comprised of non-soy legumes. For fitness goals, we recommend combining it with Hippokrates Power™.

· Aids in normalizing protein synthesis

- · Helps keep body tissues firm
- · Assists with the stabilization or recovery of muscle strength, endurance, and volume
- · Helps minimize body fat



#### Rice Bran - 180 g

#### The nutrient dense part of rice that normally gets cooked away...perfect for a heart healthy smoothie.

Rice Bran is the most potent, nutrient-rich part of rice. It is an amazing plant complex that contains a wide variety of nutrients not found in other foods. Ours has a light, nutty, buttery flavor that is the perfect complement to any green drink or protein shake.

- · Contains a wide variety of B vitamins
- · Can help promote healthy cholesterol levels and cardiovascular function
- · Great source of healthy fats
- · May support healthy blood glucose levels

# See amazing product success stories from our USA-based sister company Purium:



#### Beth G.

I joined Purium to lose the baby weight from having 2 children, but what I got was so much more! My addiction to caffeine and sweets is totally gone. I have so much energy now. Losing 30 pounds and 3 dress sizes in less than a month is unbelievable! I just shared my photos on Facebook and the phone won't stop ringing.



#### Daniel W.

"My grown kids are really proud of what I have finally done. I told them over 25 years ago, right up until 10 days ago, that I would get in shape ... but I never did. They have never seen me under 200 pounds all their lives, until now. I was way overweight but I didn't have a plan. At 60 years old I feel great! There is nothing like this program."

# WEIGHT LOSS

#### **Advanced Probiotic Blend - 60 ct**

#### Give your digestion inner strength.

Advanced Probiotic Blend™ is a potent, all-vegetarian blend of the most vital friendly bacteria available. We recommend supporting your body`s immune system by taking Advanced Probiotic Blend™ in conjunction with any of our green foods.

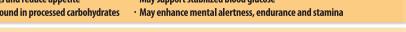
- Supports healthy levels of good bacteria
- · Supports healthy immune function
- · Aids in healthy digestion and can help improve nutrient absorption · Dairy-free does not need to be refrigerated

#### CONTROL™ - 180 ct

#### Self-control now comes in a capsule.

CONTROL™ are specifically designed to help you eat less and reduce the impact of simple carbohydrates and sugars, lessening the possibility that your body will convert them into fat. It is a great addition to any weight loss regimen, and we always recommend combining it with our CONTROL™

- May help curb cravings and reduce appetite
- · May support stabilized blood glucose
- · Neutralizes starches found in processed carbohydrates





#### Don't let poor digestion weigh you down.

Daily Fiber Blend™ is a proprietary blend of the most effective and gentle dietary fiber, protein, essential fatty acids, and enzymes. Unlike other fiber products, Daily Fiber Blend™ was designed to create lubrication with foods containing healing essential fats and to reduce discomfort by balancing the "roughage" with soluble fibers. We recommend combining it with the Herbal Fiber Cleanse™ and our green drinks for comprehensive digestive and immune system support.

- · May enhance bowel function
- · Contains highly digestible amino acids
- · Supports healthy cardiovascular function · May support a weight loss regimen

#### Herbal Fiber Cleanse™ - 180 ct

#### It's like a "spring-cleaning" for your internal organs.

Herbal Fiber Cleanse™ is a unique, all natural blend of herbs and fibers that help cleanse, detoxify, purify, and remove impacted fecal matter. We recommend taking it with one of our green foods and the Daily Fiber Blend™ to ensure proper detoxification and digestion.

- · Supports a natural detoxification of the bowels
- · Helps cleanse the bloodstream and various organs
- · Helps remove impacted fecal matter and toxins
- · Can help restore healthy digestive function

#### Hippokrates Power™ Berry - 768 g

#### Burn fat, build muscle, increase energy and endurance. It's the perfect workout food!

Hippokrates Power™ Berry was created so that you can easily consume several superfoods all at once, thus saving you time and money. These superfoods were chosen due to their ancient roots as potent fuels for energizing the human body. When combined these whole foods help your body have long-term sustained energy, endurance and strength. They also provide protection from catabolic damage. We recommend taking it on a daily basis to supplement your food intake and control hunger and blood sugar. Best when used as part of the 10-Day Transformation along with MAP and Apothe-Cherry.

- · May increase energy, endurance, and strength
- · Can help curb cravings and appetite
- · Supports healthy blood glucose levels
- · Contains ingredients rich in vitamins and other nutrients to support total nutrition

#### Nutrition Now™ Creamy Vanilla - 960 g

#### The yummiest protein drink on the planet. Kid tested. Mom approved!

Nutrition Now™ Creamy Vanilla is a delicious, high-quality, low calorie protein drink mix that is a balanced and nutritious energy source. It is a great addition to any fasting or weight loss program, and can be added to Hippokrates Power for a heartier core nutrition drink. Also great when added to almond milk or orange juice.

- · Provides protein, complex carbs, good fats, and fiber
- · Helps provide a slow release of nutrients to the body
- · May help curb appetite and alleviate cravings for "bad" fats · Supports a healthy weight-loss regimen

#### Organic Tropic Oil™ - 470 ml and 3.785 ml

#### Raw coconut oil makes food taste better. It also makes the body WORK better!

Organic Tropic Oil™ is pure, extra virgin coconut oil. Our Organic Tropic Oil™ is hand poured into jars at a low temperature making a marbled texture that shows it is still in its raw state. We recommend taking it raw to support healthy immune function and/or using it in cooking to replace other oils or shortening.

· May help improve nutrient absorption

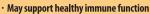
- · Stable under high heat, which means it is an ideal oil for cooking
- · Does not contain any cholesterol nor promote platelet stickiness in the blood
- · Healthy alternative to butter or margarine



#### Pure Aktivated Barley™ - 280 g

#### The GOOD carbohydrate with energy to spare.

Pure Aktivated Barley™ is a unique, complex carbohydrate from pre-sprouted grain that is digested slowly, providing energy and endurance for hours. Our patented natural method of pre-sprouting activates the nutrients and enzymes in the inner kernel of the barley pearl increasing its energy potential by over 400% and increasing the beta glucan content by up to 94% over traditional barley grain products.

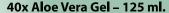


- · Can help promote healthy cholesterol levels and cardiovascular function
- · Can help increase endurance and stamina
- · Contains only slow-burning carbohydrates that deliver energy for 2-3 hours



# **FAMILY NUTRITION**





#### The amazing benefits of Aloe Vera, multiplied by 40.

Aloe Vera is one of the most revered of all African herbs and has been exported to every corner of the world. Hippocrates himself called aloe the "Potted Physician" for its amazing properties. We recommend combining it with Apothe-Cherry™.

- · Can support healthy immune function
- · May aid in healthy digestion

- · May support healthy joint function
- · May support healthy blood glucose levels



#### Best of Fruits™ - 135 g

#### Feel the difference whole food nutrition makes.

Best of Fruits™ contains an impressive variety of nutrient-dense, pesticide-free fruit to support total body nutrition. We recommend adding Best of Fruits™ and any of our green foods to your daily health regimen for comprehensive nutritional support.

- · May support healthy heart, liver, and brain function
- · Contains powerful antioxidants
- · May support proper digestion
- · May aid in preventing premature aging



#### C From Nature™ - 90 ct

#### Back-to-school. Not home-from-school.

C From Nature™ is a natural, powerful combination of Indian Amalaki, Acerola, Camu Camu and rose hips that is unsurpassed by any synthetic or manufactured vitamin C product. The ingredients used contain the co-factors necessary to promote the rapid absorption of this valuable nutrient.

- · Supports healthy immune function
- · Contains powerful antioxidants
- · May promote healthy cholesterol levels and cardiovascular function
- · May promote increased serotonin levels



#### Carrot Juice Plus™ - 225 g

#### Organic carrot juice any time you want it.

Carrot Juice Plus™ is a flavorful blend of organic carrots and soluble rice bran. Carrots are packed with nutrients that make them a valuable part of any healthy diet. For more comprehensive nutritional support, we recommend adding it to our Organic Best of Greens™ or any of our other green foods.

- · Supports healthy immune function
- · Rich source of powerful antioxidants called carotenoids
- · May help support eye health
- · Natural sweetener that is beneficial to any green drink



#### **Enzyme Advantage™ - 90 ct**

#### They say, "You are what you eat." But actually, you are what you ABSORB.

Enzyme Advantage  $^{\text{m}}$  is a patented, shelf-stable, aspergillus-derived formula that helps your body break down and assimilate nutrients in the foods you eat. This also ensures that no food remains in your body undigested, causing gastrointestinal distress or discomfort. We recommend combining this product with our Advanced Probiotic  $^{\text{m}}$  for your best digestive health.

- · May enhance nutrient absorption when taken with meals
- · May support healthy digestion
- · May support healthy immune function
- · May be used as part of a natural allergy defense regimen



#### Immuno-Max™ - 180 ct

#### Get so well, you might not ever get sick.

Immuno-Max<sup>™</sup> is a synergistic blend of herbs and plant extracts from around the world designed to support healthy immune function. We recommend taking it in conjunction with any of our green foods and Vir-U-Sure<sup>™</sup> for comprehensive immune support.

- · Supports healthy immune function
- · May help provide relief for stomach issues
- · May help facilitate a shorter duration of colds and flu
- · May be taken daily



# L.O.V.E. Organic Drink Mix – 420 g – L.O.V.E. Chai Flavored Organic Drink Mix – 440 g The meal replacement just got replaced!

L.O.V.E. Organic Drink Mix is composed of 30+ pure, premium, natural, whole food ingredients and comes in original and Chai. L.O.V.E. is a Live, Organic, Vegan meal replacement that is also 7 products in 1: Weight Loss Formula + Protein Drink + Fiber Supplement + Essential Fatty Acid Supplement + Super-Antioxidant + Immune Support Supplement + Energy Drink!

- · May be used as a snack or meal replacement
- Supports healthy digestive function
- · Supports healthy immune function
- · May help increase energy



#### L.O.V.E. Flavor - Tropical Coconut - 59 ml/ Chocolate Raspberry - 59 ml/ Vanilla - 59 ml

Proprietary blend of plant-based ingredients that when combined taste like flavor Vanilla, Tropical Coconut, or Chocolate Raspberry. Designed to use to customize the original flavor of the L.O.V.E. Drink Mix. Vegan, all-natural.



#### Men's Best™ - 60 ct

#### Benjamin Franklin said, "An ounce of prevention is worth a pound of cure." He was right.

Men`s Best™ is a scientifically-composed blend of herbs and plant extracts that can help your body`s defenses against health concerns unique to men. We recommend taking Men`s Best™ and Best of Greens™ to maximize your body`s immune defenses.

- May support a healthy prostate
- · May support healthy immune function
- · May support healthy hair retention
- · May support healthy liver function



#### Red Algae Plus - 60 ct

#### It is time to bring in the special forces - your immune system needs help!

Red Algae Plus is a proprietary blend of herbs and whole foods that offer synergistic, targeted support for healthy immune function and viral response. We recommend combining Red Algae Plus with Immuno- Max™ and any of our green foods as a triple-pronged approach for complete immune health.

- · Proprietary blend of whole foods and herbs that support the body`s viral response
- · Contains beneficial sulphated polysaccharide compounds

- · Supports healthy immune function
- · May support natural healing processes

#### Women's Best™ - 60 ct

#### Prevention is everything.

Women`s Best™ is a synergistic blend of herbs and whole foods that have been chosen for their specific value to women`s health. We recommend taking Women`s Best™ together with our Cracked-Cell Chlorella.

- · Contains a unique blend of Chinese mushrooms
- · Supports healthy immune function
- · May help increase energy, vitality, and endurance
- · May support healthy blood glucose levels



# **GREENS**

#### Cracked Cell Chlorella - 600 ct and Cracked Cell Chlorella Powder - 226 g

#### The world is filled with toxic chemicals and heavy metals. This is your daily detox.

Cracked Cell Chlorella is cultivated in a controlled outdoor environment in ponds filled with mineral-rich water. Our easily-digestible tablets and powder are a great addition to any detoxification regimen. We recommend combining it with any of our green foods for a smoother taste and added nutritional benefits.

- · Nature`s richest whole-food source of chlorophyll
- · May help break down heavy metals
- · May support natural detoxification
- · May help decrease plaque buildup in arteries & support healthy cholesterol levels

#### Organic Barley Green Juice - 240 g **Get juiced!**

Organic Barley Green Juice™ is grown in pristine fields and watered with mineral springs to ensure it has nature`s maximum nutritional input. It contains highly assimiliable chlorophyll, which is important for total nutrition and also acts as a natural detoxifier. We recommend combining it with our Carrot Juice Plus™ for an extra smooth taste and added nutritional benefit.

- May support healthy digestive function
- · May support healthy immune function
- · May support natural detoxification
- · May support healthy blood sugar levels when taken between meals

#### Organic Best of Greens™ - 300 g and 150 g

#### A superfood blend that actually makes other foods more super!

Organic Best of Greens™ is a synergistic blend of all the best green superfoods from both land and sea. Each ingredient contains valuable phyto-nutrients and was selected for its purity and potency. We recommend including Organic Best of Greens<sup>™</sup> and Best of Fruits<sup>™</sup> in your daily health regimen for comprehensive nutritional support.

- · Contains a unique blend of Chinese mushrooms
- · Supports healthy immune function
- · May help increase energy, vitality, and endurance
- · May support healthy blood glucose levels

#### Organic Kamut Blend™ - 90 g

#### Eating clean and green is fun for the whole family.

Organic Kamut Blend™ is grown in nutrient-rich, organic soil, watered with mineral springs, and harvested at the peak of nutrition. Kamut is a superior non-GMO, non-crossbred, nutrient-dense heirloom-seed Egyptian wheatgrass. We have combined it with oat and alfalfa to give it a sweet taste and increase the mineral and trace mineral content. We recommend combining Organic Kamut Blend™ with our Spirulina Powder.

- · May support healthy immune and digestive function
- · Helps naturally alkalize and oxygenate the body



- · Supports natural detoxification
- · May help combat fatigue and increase energy
- Spirulina Cacao Mint 187, 5 g

#### It is time to bring in the special forces - your immune system needs help!

Spirulina is nature's most nutrient-dense food. It is one of the richest, whole-food sources of vegetarian protein, chlorophyll, essential amino acids, anti-oxidants, and vitamins. We have combined it with cocoa, carob and mint to give it a unique and delicious flavour. We recommend combining this product with our Rice Bran Solubles to support weight loss.

- · May support healthy immune function
- · Can help increase endurance and stamina
- · May reduce cravings and appetite
- · Can promote healthy cardiovascular function
- · Contains high levels of beta carotene

#### Spirulina Tabs - 200ct and Spirulina Powder - 454 g Dial up your cellular energy!

Spirulina has been widely regarded as nature's most complete nutrient source. It is a rich, whole-food source of vegetarian protein, chlorophyll, essential amino acids, antioxidants, and vitamins. It contains an abundant amount of phycocyanin, a unique, blue-green pigment that may support healthy immune function. We recommend combining Spirulina with our Rice Bran Solubles to create a smooth-tasting natural multivitamin.

- · Can help increase endurance and stamina
- · May reduce cravings and appetite
- · Rich source of carotenoids and other valuable phyco-chemicals · Can help promote healthy cholesterol levels and cardiovascular function













# ANTI-AGING

#### Apothe-Cherry - 470 ml

#### Sweet dreams. Naturally.

Apothe-Cherry™ is made from sour (or tart) cherries, which are nature`s most nutritionally dense food. They contain a wide variety of antioxidants and phyto-chemicals, and each serving contains 7,000 ORAC (Oxygen Radical Absorbance Capacity) units. We recommend combining this product with our 40x Aloe Vera Concentrate in a recipe we call the "Beauty Sleep Cocktail."

- · Contains melatonin, which may help balance circadian rhythms for proper sleep
- · May support healthy joint function

- · Promotes healthy uric acid metabolism
- · Can help prevent or even reverse premature aging

#### Heart Aid™ - 180 ct

#### Love your heart.

Heart Aid™ has been specifically designed to support healthy cardiovascular function. It contains a wide variety of herbs used historically by healers, shamans, and naturopaths to reduce the effects of aging on the heart and support natural chelation. We recommend taking it with our lonic Elements™ as part of any heart-health or anti-aging regimen.

- · May help reduce free radical damage
- · Can aid in healthy cardiovascular function
- May increase oxygen uptake
- · Contains one of nature's most effective chelators

#### Joint-Flex™ - 180 ct

#### The Weekend Warrior's secret weapon.

Joint-Flex<sup>™</sup> contains a variety of herbs used to support healthy joint function. Joint-Flex<sup>™</sup> can help increase mobility and flexibility, and restore vitality. It is a valuable addition to any anti-aging regimen, and we recommend combining it with our Apothe-Cherry<sup>™</sup> for further joint support.

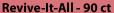
- · Supports the body`s response to inflammation
- · May inhibit the neural transfer of pain signals
- May stimulate the rebuilding of connective tissues
- · May help enhance flexibility

#### RENEW Hair, Skin, & Nails - 180 ct

#### Beauty from the inside out.

Renew Hair, Skin, and Nails™ is a unique and effective natural plant and herb blend that provides targeted nutritional support to help your body rebuild specific collagen from the inside out. We recommend combining this product with any of our green foods to support optimal health for your hair, skin, and nails.

- · May help prevent split ends and breakage
- · Promotes healthy, younger-looking skin
- · Can help strengthen cracked or weakened nails
- · May support natural stress relief



#### Tell Father Time to chill out for a while.

Revive-It-All™ contains two very important ingredients that have been proven to help reverse memory loss and increase energy and vigor: Acetyl L-Carnitine and Alpha Lipoic Acid. To those we have added Ginkgo Biloba and Glisodin, an antioxidant with anti-aging properties. We recommend adding this to any anti-aging regimen. It is a great complement to our Joint-Flex™, which together can make you feel like a much younger person both mentally and physically.

- $\boldsymbol{\cdot}$  Can help improve mood, memory, and cognition
- · Can enhance circulation
- · May help increase energy and vigor
- · May support lower blood pressure

#### Super Male Formula™ - 90 ct

#### Supercharge your body. Supercharge your mood. Supercharge your life!

Super Male Formula<sup>™</sup> contains a variety of herbs and plant extracts that have been proven to help increase muscle mass, normalize hormone levels, build endurance, speed muscle recovery, and increase libido. We recommend combining Super Male Formula<sup>™</sup> with our MAP as part of any workout regimen.

- · May support healthy testosterone levels in men and women
- · Can support healthy circulation

· May enhance sexual desire

USE MY GIFT CARD CODE:

· May enhance mood or provide general sense of well-being

# You must provide a referral code when ordering:

OUR PLATINUM NUMBER IS:		











