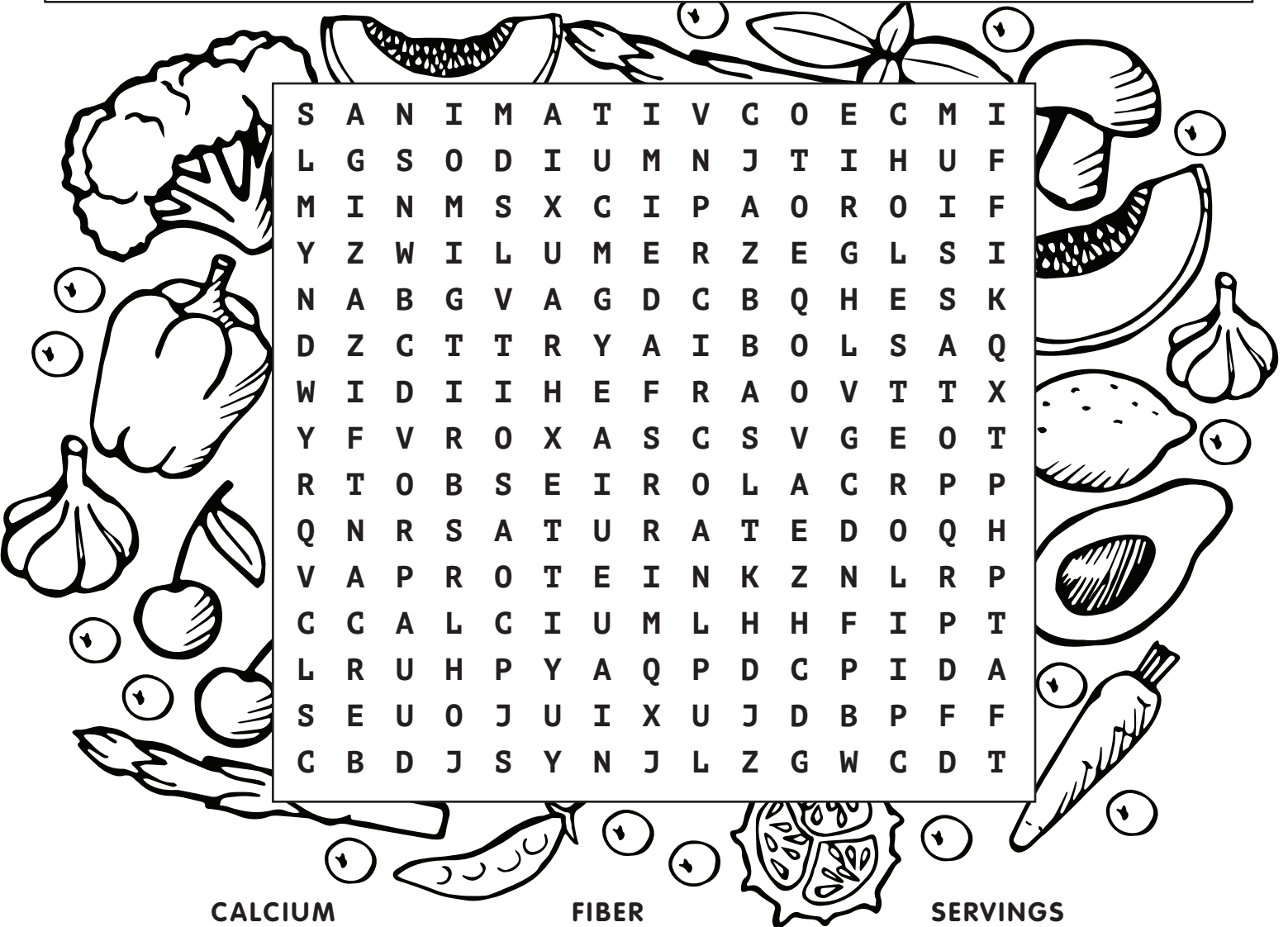


# POWER KIDS

## ACTIVITY SHEET

### LABEL WORD SEARCH

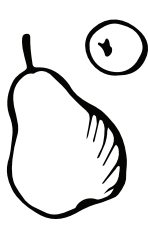


S	A	N	I	M	A	T	I	V	C	O	E	C	M	I
L	G	S	O	D	I	U	M	N	J	T	I	H	U	F
M	I	N	M	S	X	C	I	P	A	O	R	O	I	F
Y	Z	W	I	L	U	M	E	R	Z	E	G	L	S	I
N	A	B	G	V	A	G	D	C	B	Q	H	E	S	K
D	Z	C	T	T	R	Y	A	I	B	O	L	S	A	Q
W	I	D	I	I	H	E	F	R	A	O	V	T	T	X
Y	F	V	R	O	X	A	S	C	S	V	G	E	O	T
R	T	O	B	S	E	I	R	O	L	A	C	R	P	P
Q	N	R	S	A	T	U	R	A	T	E	D	O	Q	H
V	A	P	R	O	T	E	I	N	K	Z	N	L	R	P
C	C	A	L	C	I	U	M	L	H	H	F	I	P	T
L	R	U	H	P	Y	A	Q	P	D	C	P	I	D	A
S	E	U	O	J	U	I	X	U	J	D	B	P	F	F
G	B	D	J	S	Y	N	J	L	Z	G	W	C	D	T

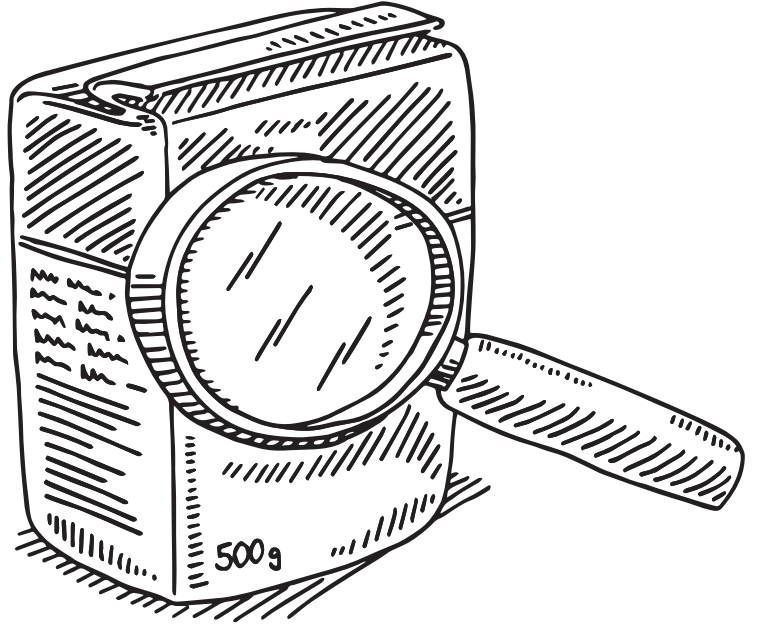
CALCIUM  
 CALORIES  
 CARBOHYDRATE  
 CHOLESTEROL  
 FAT

FIBER  
 IRON  
 POTASSIUM  
 PROTEIN  
 SATURATED

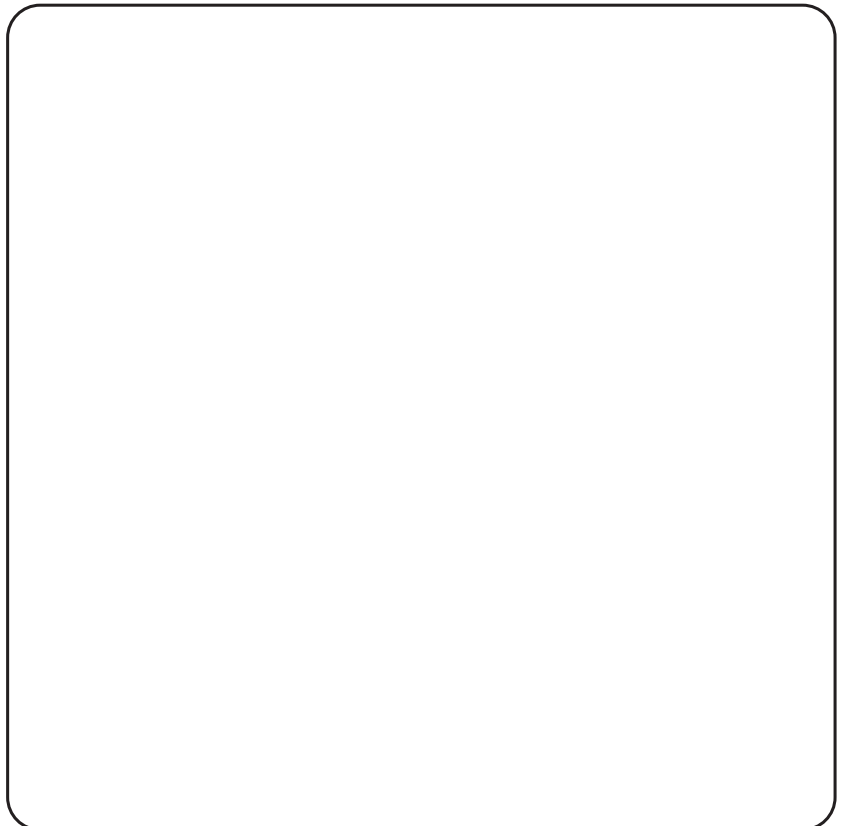
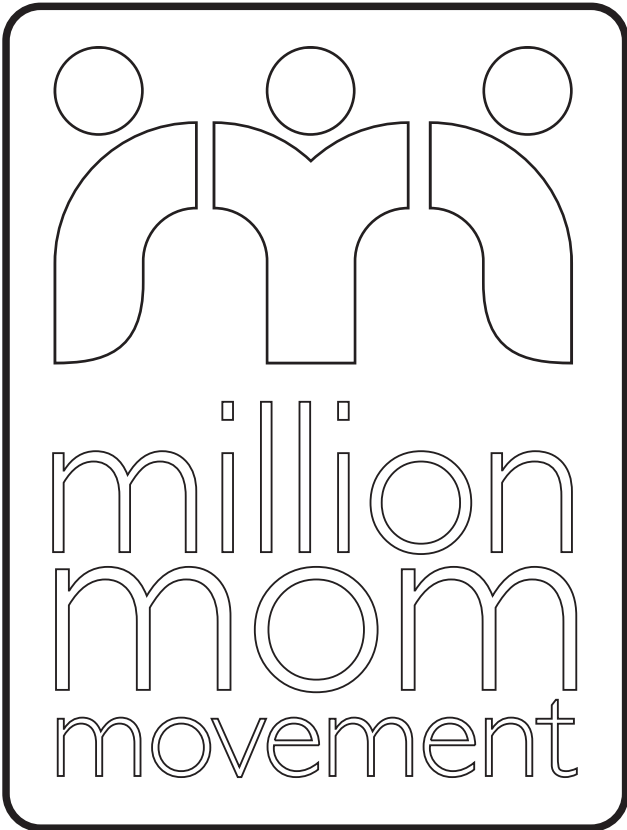
SERVINGS  
 SODIUM  
 SUGARS  
 VITAMINA  
 VITAMINC



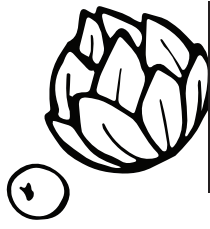
# COLORING



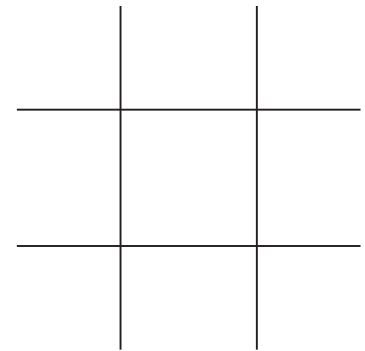
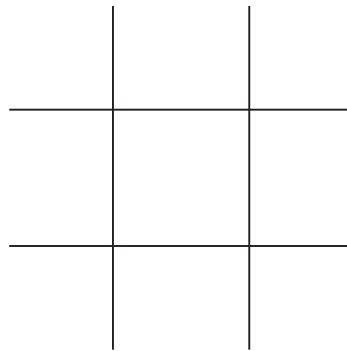
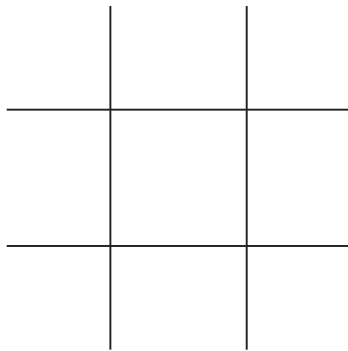
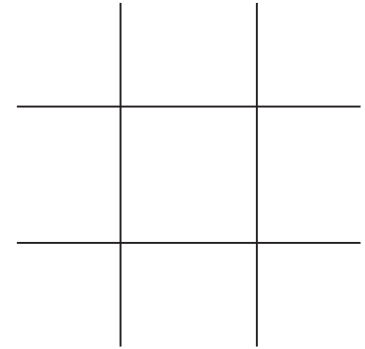
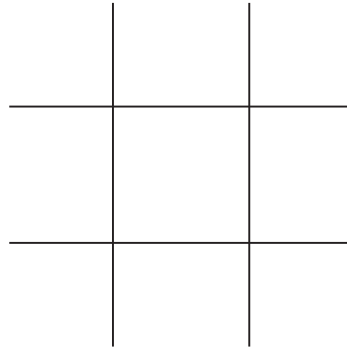
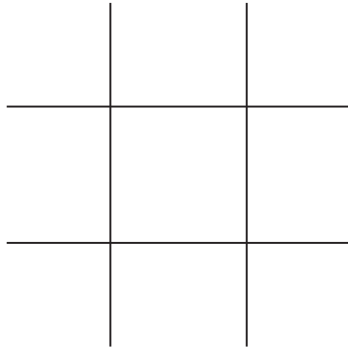
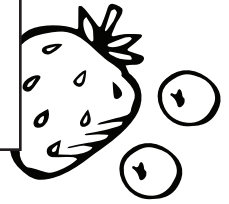
**DRAW AND COLOR YOUR FAVORITE  
FOOD PRODUCT/SNACK:**







# TIC TAC TOE



Fill in the Nutrition Facts Panel of your favorite packaged food:

<b>Nutrition Facts</b>	
servings per container	
<b>Serving size</b>	
Amount per serving	
<b>Calories</b>	
	% Daily Value*
<b>Total Fat</b>	
Saturated Fat	
Trans Fat	
<b>Cholesterol</b>	
<b>Sodium</b>	
<b>Total Carbohydrate</b>	
Dietary Fiber	
Total Sugars	
Includes	Added Sugars
<b>Protein</b>	
Vitamin D	
Calcium	
Iron	
Potassium	
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

<b>Nutrition Facts</b>	
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<b>Serving size</b>	
Amount per serving	
<b>Calories</b>	
	% Daily Value*
<b>Total Fat</b>	
Saturated Fat	
Trans Fat	
<b>Cholesterol</b>	
<b>Sodium</b>	
<b>Total Carbohydrate</b>	
Dietary Fiber	
Total Sugars	
Includes	Added Sugars
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Vitamin D	
Calcium	
Iron	
Potassium	
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